



## SFDA SAFETY SIGNAL

*“A signal is defined by the SFDA as reported information on a possible causal relationship between an adverse event and a drug, the relationship being unknown or incompletely documented previously. Usually more than a single report is required to generate a signal, depending upon the seriousness of the event and the quality of the information. A signal is a hypothesis together with data and arguments and it is important to note that a signal is not only uncertain but also preliminary in nature”*

**01-02-2026**

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### Saudi Food and Drug Authority (SFDA) – Safety Signal of Desogestrel and the Risk of Meningioma

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*The Saudi Food and Drug Authority (SFDA) recommends all health care professionals to be aware of the safety signal of **Meningioma** associated with the use of **Desogestrel**. The signal has been originated as a result of routine pharmacovigilance monitoring activities.*

#### **Introduction**

Desogestrel is used for women who may not or do not want to use oestrogens. The contraceptive effect of Desogestrel is achieved primarily by inhibition of ovulation. Other effects include increased viscosity of the cervical mucus. [1] A meningioma is a primary central nervous system (CNS) tumor. This means it begins in the brain or spinal cord. Overall, meningiomas are the most common type of primary brain tumor. However, higher grade meningiomas are very rare. [2] The aim of this review is to evaluate the risk of meningioma associated with the use of Desogestrel and to suggest regulatory recommendations if required.

#### **Methodology**

Signal Detection team at SFDA performed a signal review using National Pharmacovigilance Center (NPC) database, and World Health Organization (WHO) database, VigiBase, with literature screening to retrieve all related information to assess the potential link between Meningioma and Desogestrel use. The search conducted on December 2025.

#### **Results**

**Cases Review:** Signal detection team at SFDA have searched Saudi national database and WHO database to find individual case safety reports (ICSRs). The WHO database resulted in 92 global case reports while no local cases found. The authors used signal detection tool (Vigilyze) to retrieve global cases. [3] The author applied WHO causality assessment tool on 30 cases with top completeness score. [3] Among them, six cases were probably linked to Desogestrel, nine cases resulted in possible association, fourteen cases resulted in unlikely association, while the remaining one case was unassessable.

**Datamining:** The disproportionality of the observed and the expected reporting rate for drug/adverse drug reaction pair is estimated using information component (IC), a tool developed by WHO-UMC to measure the reporting ratio. Positive IC reflects higher statistical association while negative values indicates less statistical association. The IC result is (5.9) for this drug/ADR combination which reflects positive statistical association. [3]



**Literature:** The signal team conducted a literature search to identify publications linking this adverse drug reaction to Desogestrel. The search identified one published study suggesting a possible association between the drug and this potential risk. [4]

### **Conclusion**

The weighted cumulative evidence identified from assessed cases, disproportionality analysis and literature are suggestive for causal association between Desogestrel and Meningioma. Health care professionals and health regulators must be aware of the potential risk in drug recipients.

### **Report Adverse Drug Events (ADRs) to the SFDA**

The SFDA urges both healthcare professionals and patients to continue reporting adverse drug reactions (ADRs) resulted from using any medications to the SFDA either online, by regular mail or by fax, using the following contact information:

National Pharmacovigilance Center (NPC)  
Saudi Food and Drug Authority-Drug sector  
4904 northern ring branch rd  
Hittin District  
Riyadh 13513 – 7148  
Kingdom of Saudi Arabia  
Toll free number: 19999  
Email: [NPC.Drug@sfda.gov.sa](mailto:NPC.Drug@sfda.gov.sa)

### **References:**

1. Azalia 75 microgram film-coated tablets (2024) Medicines.ie. Available at: <https://www.medicines.ie/medicines/azalia-75-microgram-film-coated-tablets-36341/spc>.
2. National cancer institute (2018) Meningioma, National Cancer Institute. Cancer.gov. Available at: <https://www.cancer.gov/rare-brain-spine-tumor/tumors/meningioma>.
3. Vigilyze.who-umc.org. 2025. [online] Available at: <https://vigilyze.who-umc.org>
4. Roland, N. et al. (2025) 'Oral contraceptives with progestogens desogestrel or levonorgestrel and risk of intracranial meningioma: national case-control study', BMJ, 389, p. e083981. Available at: <https://doi.org/10.1136/bmj-2024-083981>.